

AMBOS

SERVED DAILY

BREAKFAST 8:00 AM – 10:00 AM

PASTRIES

Blueberry Eincorn Muffin (<i>N</i>)	6
Ham, gouda, ricotta empanada (<i>N</i>)	7
Rhubarb empanada (<i>N</i>)	7
Carrot cake scone with cream cheese apple icing (<i>N</i>)	7
Honey buckwheat cookie (<i>G, N</i>)	5
Strawberry hazelnut cookies	5
Everything walnut cookie	5

BREAKFAST

Pressed juice, beet, carrot, apple, ginger (<i>G, D, N, V</i>)	15
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DAILY FRESH JUICE

Mel's toast, homemade jam, butter	8
Yogurt bowl, seeded granola, berries, jam homemade	12
Fruit plate, stone fruit, berries, watermelon, melon	12
Bacon, egg and cheese sandwich, buttermilk biscuit	15
Scrambled eggs, spinach, toast, butter	18
Polenta, roasted mushrooms, soft boil egg, scallion (<i>G</i>)	24
Bacon, fried egg, marinated kale, toast	22
Bone broth, fermented cayenne peppers & turmeric (<i>G,D,N</i>)	7 CUP 14 BOWL

SIDES

Bacon	7
Fried egg	5
Toast	4

COFFEE

Drip	3 M 4 L
Cold brew	6
Americano	4
Espresso	4
Macchiato	4
Cortado	5
Cappuccino	5
Latte	5
Chai Latte	5
Hot chocolate	7

G – GLUTEN FREE D – DAIRY FREE N – NUT FREE V – VEGAN

ALL PASTRIES BAKED FRESH EACH MORNING

GRANOLA, JAMS, BONE BROTH, AND JUICES MADE IN HOUSE